



Shuswap Explorers strives to maintain a quality program for your children while supporting the health and safety of our families and staff. We understand that these are unprecedented times and we are here to support your child's needs while in care.

We are a fully licensed center and are regularly updated by our health officials and will continue to follow all updated protocols and procedures as outlined by the Health Authorities and BCCDC.

We have adapted our policies to reflect the current pandemic. The change will most likely be indefinite.

Staff or children who have symptoms of a common cold, influenza, COVID-19 or other infectious respiratory diseases are to remain at home.

Staff will assess themselves daily for symptoms and will stay home if they are ill.

Children or staff may return to the centre once they are assessed by their family physician or nurse practitioner and it is determined that they do NOT have COVID-19, **and** their symptoms have resolved.

On arrival, staff will review the health of the child, if the child has any symptoms, they must return home as per the health policy.

Symptom	May return when
Temperature of 100 F / 37.8 C or higher (orally) or 99 F / 37.2 C or higher (under the arm)	May return to child care after a doctor's note or negative COVID-19 test is provided AND or when symptom free
Runny nose	May return to child care after a doctor's note or negative COVID-19 test is provided AND or when symptom free
Cough	May return to child care after a doctor's note or negative COVID-19 test is provided AND or when symptom free
Sore throat	May return to child care after a doctor's note or negative COVID-19 test is provided

	AND or when symptom free
Difficulty breathing or wheezing	May return to child care after a doctor's note or negative COVID-19 test is provided AND or when symptom free
Unexplained fatigue, aches or cold/flu-like symptoms	May return to child care after a doctor's note or negative COVID-19 test is provided AND or when symptom free
Sinus congestion	May return to child care after a doctor's note or negative COVID-19 test is provided AND or when symptom free
Children who have, or children with others living in the same home who have just returned from international travel	May return after self-isolating for 14 days AND being symptom free
Children who have, or children with others living in the same home who have been identified as at-risk of potential Covid19 exposure	May return after self-isolating for 14 days AND being symptom free

([Reference: Health Authority memo; COVID19 in childcare](#))

Additionally, our regular health and wellness policy stands:

Children may not attend child care programs while they have any of the following symptoms:

- unusual, unexplained loss of appetite, fatigue, irritability, or headache
- eye infections
- unexplained rashes or any rash that is not confirmed by doctor to be non-contagious
- known or suspected communicable diseases (measles, chicken pox, pink eye, hand foot and mouth, etc)
- ear infection
- nausea, vomiting and/or diarrhea in the last 48 hours

If a child presents any symptoms while in care, is generally unwell or unable to participate in the program the child's parent or guardian will be contacted to pick up immediately. Until the child is picked up they will be in a separate area, supervised and supported as necessary.

Pick Up:

- Upon arrival please use hand sanitizer. (located on our trolley outside door)
- Maintain social distancing practises with Shuswap Explorers' staff and other children in care.
- One parent is to be picking up only.

- Pick up child and backpack **outside**- Staff will sign child(ren) out.

All parents please refrain from entering the program.

Your child's belongings will be ready at the end of the day outside.

If a parent absolutely must enter, they are to use hand sanitizer at the entrance, maintain physical distance from staff and other children while keeping their hands to themselves and touching as little as possible!

What to send in the backpack on your **first** day:

- **Change of clothes in a Ziploc bag labeled with your child's name.** (If you don't have a Ziploc bag please send the spare clothes and we will provide a Ziploc bag and label.) This will be left at the center- We will let you know when they need to be replaced with fresh items.
- **Water Bottle**
- **After school snack**
- **Hat**
- **Coat or sweater weather dependant**

Daily in your child's backpack:

- **After School Snack**
- **Water Bottle**
- **Hat**
- **Coat or sweater**
- **Swim gear in September! We will be walking down to the beach on nice days!**

Please DO NOT send your child with any toys from home 😊

**Children are to meet after school *outside* of our classroom door.
(We are *NOT* meeting inside)**

WE ARE LOCATED AT THE BACK OF THE SCHOOL BY THE ROUND SWINGS.

Daily Safety Measures:

- Children will spend the majority of the day outside in fresh air.
- Activities that are planned will encourage smaller groups of children in a group.
- Children and staff will practise/teach respiratory etiquette where necessary.
- We will continue to clean and disinfect in accordance with the BCCDC's Cleaning and Disinfectants for Public Settings document.

This includes all toys sanitized daily; and high touch surfaces disinfected.

Children will wash hands:

- When they arrive and before they go home
- Before and after eating or drinking
- After using the washroom
- After playing outside
- After handling animals
- After sneezing or coughing
- Whenever hands are visibly dirty.

Staff will wash hands regularly and:

- When they arrive and before they go home
- Before and after handling food
- Before and after giving or applying medication
- After assisting children with care needs
- After using the washroom
- After contact with any body fluids(runny noses, spit, vomit, blood)
- After cleaning tasks
- After removing gloves
- After handling garbage
- Whenever hands are visibly dirty

We spend our time outside- activities are brought outside to engage in and sanitized and thoroughly cleaned.

We are reminding families that having your child attend child care does mean that your entire family has a larger shared social distance bubble. Please behave responsibly and follow Dr Henry's recommendations if you are attending child care as well as socially interacting with individuals outside of your household. At this time, your "shared social distance bubble" includes all individuals that any member of your family interacts with, including your child.

Please be patient with us as we all figure out our new normal! If you have any questions or concerns please let us know. ☺ The health and safety of our families and staff is of the utmost importance.

Daily Health Check
COVID-19 Prevention Measures

- Has your child or anyone in your household had any of the following symptoms?

Cough, fever, shortness of breath, sore throat, runny nose, nasal congestion, headache, stomach-ache, diarrhea, rash, tired, irritable, loss of appetite, or generally feeling unwell.

YES NO

- Has your child or anyone in your household knowingly come in contact with someone who has tested positive for COVID-19?

(Not likely applicable to health care workers as additional protective measures are taken in the workplace.)

YES NO

- Has your child or anyone in your household travelled by air or outside of Canada within the last 14 days?

YES NO

If the answer is YES to any of these questions your child may not participate in the program.

We thank you for answering all questions honestly and keeping us all safe & healthy during these times.

